Trauma MOI: Twisted Ankle

Objective/Teaching Points:	 Very first scenario Establish the need to use common sense Establishing rapport with patient (Communication)
Setting:	Bottom of stairway
Dispatch:	
	Respond to a fall victim at
Patient Instructions:	You were in a hurry to get to class and were rushing down the stairs. You missed the last step and fell hard on your left foot twisting your ankle. You did not hit your head at all as your fall was broken when you fell on your hands. You are in a lot of pain and feel somewhat embarrassed. After a couple minutes you insist that you are OK and attempt
	to get up and walk on your ankle. The pain is too intense and you sit back down. You now complain of feeling a little nauseated and lightheaded. Just then a friend sees you and approaches to see what is wrong. You ask your friend to give you a hand getting to your car so you can get home.
Props:	Books and papers scattered on the ground
Initial Assessment:	
Scene Survey	No observable hazards
General Impression	As observed
LOC	Alert
Airway	As observed
Breathing	As observed
Circulation	As observed
Any Immediate Tx Needed?	Manual stabilization of the injury
Focused History & Physical Exam:	F 1 to
Appropriate Assessment Path	Focused trauma Pain and bruising on the ankle
Signs/Symptoms	
Allergies	Morphine
Meds	None
Past Pertinent Medical History	Asthma
Last oral intake	Breakfast about 4 hours ago
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Events leading to call	Rushing to class
Events leading to call Vital Signs	Rushing to class As observed
Vital Signs Any Tx Needed Now? Detailed Physical	As observed Expose ankle and continue to hold manual stabilization call ems
Vital Signs Any Tx Needed Now? Detailed Physical Indicate specific findings:	As observed
Vital Signs Any Tx Needed Now? Detailed Physical Indicate specific findings: Ongoing Assessment:	As observed Expose ankle and continue to hold manual stabilization call ems Pain and discoloration on the ankle
Vital Signs Any Tx Needed Now? Detailed Physical Indicate specific findings: Ongoing Assessment: Patient Status NowStable/Unstable?	As observed Expose ankle and continue to hold manual stabilization call ems Pain and discoloration on the ankle Stable
Vital Signs Any Tx Needed Now? Detailed Physical Indicate specific findings: Ongoing Assessment:	As observed Expose ankle and continue to hold manual stabilization call ems Pain and discoloration on the ankle